



A doctor can be carried away in haste and neglect his duty to be updated. Or you can take each patient seriously and live in an attitude of permanent study.

A politician can be caught by the interests of power groups, by fear of the media, by personal ambitions. Or you can orient your mind and your decisions toward the pursuit of the common good.

A journalist can repeat what others say, invent false details, add distorting comments. Or you can analyze whether or not new information is correct and find ways to get a better understanding of the facts in your context.

A shoemaker can use the material in poor condition, pay little attention to the seams, put the nails in haste without notice in the details. Or you can strive to make each shoe useful, comfortable and durable.

The list of alternatives is much longer. It goes from the simplest things (how to remove dust at home) to the most complex (how to make sure that a new medicine is useful and minimize possible negative effects).

These alternatives reflect a key aspect of the human condition: openness to evil, with all that, implies harm to oneself and others; and to the good, with all the benefits that are produced from successful decisions.

When the mind and the heart set aside laziness, they seek to counteract the selfishness that we carry within, and they orient themselves to everything that can be better for those who act and for others, we undertake paths of excellence.

Because the people who follow paths of excellence do not conform with the mediocre, but they seek, in the concrete decisions of the personal life, familiar and professional, that which is the best for oneself and the others