



### Benefits of Catholic marriage for love

When the spouses love each other with the love of Christ invoked and celebrated in their sacrament they become ministers of God's love

By: Dora Tobar, Ph.D. | Source: <http://www.portumatrimonio.org/>

The Catholic tradition has always recognized that marriage is also a natural relationship. People of any religion, or non-believers, can marry and their marriage is respectable and worthy. Whether they know it or not, it has its origin in God himself, who, by creating the human being, made him capable of loving his partner and giving himself to her to form one meat

It also belongs to the natural dream of every couple to remain united and forever. This legitimate human aspiration is however often threatened by the weakness of the human heart that does not always know or can be consistent with its intimate vocation to love. The history of sin has also left its negative trace on our condition and our cultures sometimes making it not easier to love or be selfish than to search for all good, even from those we love.

That is why Jesus, the Redeemer of humanity, also came to the rescue of the love of the couple and in addition to offering him his salvation that frees from the influence of evil and sin, is willing to be the very force of love that, together with the effort of love of each spouse, lead them safely to love and surrender forever, just as He did on the cross. In this way, the fidelity and greatness of Christ's love become the very guarantee of matrimonial love and makes it an indissoluble covenant. This special gift is also called "matrimonial grace" and is part of it through the celebration of the "sacrament of marriage".

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As the Catechism of the Catholic Church describes it, God, who always came to meet his people, now goes out, through the sacrament of marriage, to meet the Christian spouses and "remains with them, gives them the strength to take up their

cross, to rise after their falls, to forgive each other, to bear one another's burdens, to be subject to one another in the fear of Christ (Eph 5, 21), and to love each other with a supernatural, delicate and fruitful love "(CIC, 1642).

When the spouses love each other with the love of Christ invoked and celebrated in their sacrament and consummated in their daily life, they also become instruments or "ministers of God's love." Thus, through each one of them, God himself continues holding, listening accepting, caressing and serving the spouse and the children born of their relationship. That is to say, through marital grace, the spouses not only manage to be happy but also become mutual instruments of salvation for their spouse.

That is why, if you are still not married, or you got married but you did not know what Jesus has prepared for your love, you can do it now, looking for the sacrament of marriage offered by the Catholic Church or if you have already done so you can always renew your marriage promises and thus benefit from his grace.