



If you really love someone, you should not be afraid to challenge them, but noting the positive as well.

Perhaps a wife could say to her husband, “Honey, I am really grateful for your hard work in providing for the family, for your interest in forming our children, and for your kindness and empathy towards me in so many ways, but you spend a lot of time at the golf course on week-ends, and as a family, we really need your presence more. Could you please limit your golf to 18 holes on Saturday morning and leave Saturday afternoon and Sunday to spend together as a family?”

Perhaps a husband could say, “Honey, I am so grateful for your dedication to the children, (for providing for the family with your work), for taking such good care of the house and for your incredible cooking...but I have noticed that you have been spending quite a bit on your personal items for shopping. Right now our budget is a little tight, so I would be very grateful if you could cut back and consult with me before any major purchases.”