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What Does the Bible Say About How to Have a Happy Marriage?

What is the secret to a happy marriage? The secret of how to have a happy marriage is realizing that happiness is not the purpose of marriage. If your goal in marriage is your own personal happiness, you're going about it all wrong.

The first thing to do is to spend some time studying the definition of marriage according to the Word of God. The verse in the image below will help you to gain a Biblical perspective on marriage. Take the time to become a student of marriage. You probably spent months training for your job or years studying in college for your profession, but how much time have you dedicated to learning about the vocation of marriage that you've been called to for the rest of your life?

What is Marriage?

- Maturity
- Transition
- Complement
- Deep intimacy between two people
- A process of learning, friendship and trust
- A new family
- Model of a complete family

"That is why a man leaves his father and mother and is united to his wife, and they become one flesh." -Genesis 2:24

What Does the Bible Say About How to Have a Happy Marriage?

8 Bible verses to encourage you marriage:

Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral. -Habrews 13:4

Why, my son, be intoxicated with another man's wife? Why embrace the bosom of a wayward woman? -Proverbs 5:20

He who finds a wife finds what is good and receives favor from the Lord. -Proverbs 18:22

And we know that in all things God works for the good of those who love him, who have been called according to his purpose. -Romans 8:28

Now as the church submits to Christ, so also wives should submit to their husbands in everything. Husbands, love your wives, just as Christ loved the church and gave himself up for her. -Ephesians 5:24-25

Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken. -Ecclesiastes 4:12

Therefore what God has joined together, let no one separate. -Mark 10:9

Above all, love each other deeply, because love covers over a multitude of sins. -1Peter 4:8

What Does the Catechism Say About How to Have a Happy Marriage?

The love of the spouses requires, of its very nature, the unity and indissolubility of the spouses' community of persons, which embraces their entire life: "so they are no longer two, but one flesh."¹⁵³ They "are called to grow continually in their communion through day-to-day fidelity to their marriage promise of total mutual self-giving."¹⁵⁴ This human communion is confirmed, purified, and completed by communion in Jesus Christ, given through the sacrament of Matrimony. It is deepened by lives of the common faith and by the Eucharist received together. – CCC 1644

The marriage covenant, by which a man and a woman form with each other an intimate communion of life and love, has been founded and endowed with its own special laws by the Creator. By its very nature it is ordered to the good of the couple, as well as to the generation and education of children. Christ the Lord raised marriage between the baptized to the dignity of a sacrament (cf. CIC, can. 1055 § 1; cf. GS 48 § 1). – CCC 1660

The Saints' Advice for a Happy Marriage

"The person who does not decide to love forever will find it very difficult to really love for even one day." – St. John Paul II

“The secret of happiness is to live moment by moment and to thank God for what He is sending us every day in His goodness.” – St. Gianna

“The purpose of marriage is to help married people sanctify themselves and others. For this reason, they receive a special grace in the sacrament which Jesus Christ instituted. Those who are called to the married state will, with the grace of God, find within their state everything they need to be holy, to identify themselves each day more with Jesus Christ, and to lead those with whom they live to God.”– St. Josemaria Escriva

“[On what young husbands should say to their wives:] I have taken you in my arms, and I love you, and I prefer you to my life itself. For the present life is nothing, and my most ardent dream is to spend it with you in such a way that we may be assured of not being separated in the life reserved for us... I place your love above all things, and nothing would be more bitter or painful to me than to be of a different mind than you.” ? John Chrysostom

Growing Closer to God is the Answer

The Secret to a Happy Marriage: when closer to God, the husband and wife will be closer to each other.