

## **Contraceptive Method**

## Failure Rate in **Preventing Pregnancies** (pregnancies per 100 users

per year) Depo Provera Injection 3% with typical use<sup>1</sup> Patch (Ortho Evra) 8%<sup>2</sup>  $8\%^{2}$ Vaginal Ring (Nuva Ring)  $0.5\%^{2}$ **Tubal Ligation** Mini-pills (progestin-only pills) 8% with typical use<sup>1</sup> IUD (dependent upon type of  $1.8\%^{2}$ IUD) Birth Control Pills 8% with typical use<sup>1</sup> 15% with typical use<sup>1</sup> Condom: Male

Condom: Female Cervical Cap (Women who have not delivered vaginally) Reality Sponge (women with no children Reality Sponge (women with children) Diaphram Spermicide only Cervical Cap (Women who have delivered vaginally)

21% with typical use<sup>1</sup> 16% with typical use in women who have not delivered vaginally<sup>1</sup>  $16\%^{2}$ 

 $32\%^{2}$ 

16% with typical use<sup>1</sup>  $29\%^{2}$ 

32% with typical use in women who have delivered vaginally<sup>1</sup>

Note: Contraception failure rate for teen women within two years of beginning use is 21%

<sup>&</sup>lt;sup>1</sup>Consumer Reports, Condoms and Contraception, February 2005.

<sup>&</sup>lt;sup>2</sup>Trussel J. Contraceptive Efficacy. In Hatcher RA, Trussell J, Stewart F, Nelson A,

Cates W, Guest F, Kowal D. Contraceptive Technology: 18<sup>th</sup> Revised Edition. New York NY: Ardent Media, 2004.

<sup>3</sup>Hitchcock P. Scientific Evidence on Condom Effectiveness for Sexually Transmitted Disease (STD) Prevention: Workshop Summary. Hernfon (VA): DIANE Publishing, 2001. (From a workshop help by the US National Institute of Allergy and Infectious Diseases, NIH, June 12-13, 2001.)

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