



What is the first thing we capture a person when we just met? Some will say "his eye"; another "their dress"; another: "corporeality". Perhaps the most correct answer would be "expression". The face is the most spiritual part of the human body, where more clearly reflected inside the person and their feelings.

Sociologists say that in big cities people just have something in common, no one is externalized. All protect your privacy. When a person is externalized, it starts to get rich. Smiling to someone else is to say "I like you".

In the family one learns to learn; you also learn to accept others. You learn to smile, learn to want to get the best out of others. Implies interested in everything and everyone.

It is much easier to educate the intelligence than the will, because the will to educate the example of the whole, complete person is required. A good family is at the four levels of use of freedom:

1. Affective: education of feelings is basic and difficult. Maybe it's one of the weaknesses of many, who are often extremely susceptible, and there arises growth in strength, to make others happy. Excessive sentimentality in education is bad because it makes the weak children to face the obstacles of the near or distant future. They did not have them to avoid difficulties; on the contrary, should be dealt with difficult-to-measure. Excited at the prospect of jump small obstacles, otherwise the children will remain in permanent minority age.

How important is knowing smile at what cost! This aspect has a sensible basis involving sympathy, common vibration.

The family is the place you want to return; the house is an irreplaceable position because it is the place where we feel good. "I want to go home" is common. When I say I go back to my house again I say to myself.

2. Friendship: If there is dialogue and concern for one another in the family, there will be friendship without the authority and prestige of the Father. Friendship is

facilitated if shielding, input a smile to others. In the family you feel free. That's one of the reasons why everyone wants to have a family.

It's to help educate. Involves science, ethics and, above all, is an art; not as clear rules. They have to read books to educate well but also has to study each of the children to know them better.

Objects, time, and food: in the family material goods are shared. Mealtime is not only the time to satisfy a biological need- said the philosopher Rafael Alvira; but it's also a festive time, and also has the sense of a sacrifice because a fruit or an animal for the sake of a set of people is sacrificed.

3. Respect: It involves deep affection and respect for the character of the other family members. The family is the place where we accept absolutely. It is accepted to the 1st person is; It is the only place where we are accepted unconditionally.

What is the value of a smile for the people around us? When smiling we tell the other person to accept it. It's important in everyday life not only to interact but also to the health; a meal can hurt if moodiness is what reigns in the environment.

What is the value of a smile? Surely the reader will find even more reasons for their value.

4. In the family learn what infatuation is. In the family selfless love, generosity, optimism, the habit of sharing sorrows and joys are known. The person only learns that by having fans. In the house learned to like say for the good and for the hospitality; you learn to appreciate good music and good reading.

The thing that destroys is the lack of dedication, of time.

A family is destroyed mainly for two reasons:

-When there is fighting and there is no reconciliation. Fights are normal sign that there is treatment and friendship.

-If indifference prevails, due to the lack of dedication.

The character is a stable mode being and acting. We all have character, but not all have good character, that is, well molded. That depends largely on our destiny.

The smile is a human phenomenon of astonishing wealth being created from the inside out, with expressive spontaneity, and can be reduced to the elements that comprise it. If one forces a smile, she makes a face, a gesture devoid of expression. The smile expresses a personal attitude of joy and pleasure. To understand the significance of the phenomenon of the smile, we see it in block, as the place in which the person is expressed cozily, says the philosopher Alfonso

López Quintas.

Once the Mother Teresa had a meeting with businessmen and, in the end, said one of them. Now tell us something. She just said: - "Smile".

She knew the effect that a smile can have on the other, next to us. He knew that smile makes life easier for yourself and others. Sometimes we need to see in the mirror and ask: "And what I do when I smile, I change expression?"