



### **Prayer for Grace**

Oh my God and my all,  
in Thy goodness and mercy,  
grant that before I die  
I may regain all the graces  
which I have lost through my carelessness and folly.

Permit me to attain the degree of merit and perfection  
to which Thou didst desire to lead me,  
and which I failed by my unfaithfulness to reach.

Mercifully grant also that others regain the graces  
which they have lost through my fault.

This I humbly beg through the merits  
of the Sacred Heart of Jesus  
and Immaculate Virgin Mary.

Amen.