



Guard Me

Like unto the cup and the wine, and the holy supper,
which our dear Lord Jesus Christ gave unto his dear disciples
on each day, may the Lord Jesus guard me in daytime,
and at night, that:

No dog may bite me,

No wild beast tear me to pieces,

No tree fall upon me,

No water rise against me,

No firearms injure me,

No weapons, no steel, no iron cut me,

No fire burn me, No false sentence fall upon me,

No false tongue injure me,

No rogue enrage me, and that no fiends, no witchcraft

Or enchantment can harm me. Amen.

Protect my Day

Blessed be my protection when I go out during day or night,

That thou mayest not let any of my enemies, or thieves, approach me,
If they do not intend to bring me what was intended from your Holy Altar.
Because God the Lord Jesus Christ is ascended into Heaven in his living Body,
And so shall my body and wellbeing be protected on this journey.

O Lord, bless me and watch over me day and night.

In the name of the Father, the Son and the Holy Spirit. Amen.

Protect my Journey

In the name of God I go on this journey.

May God the Father be with me,

God the Son protect me, and

God the Holy Ghost be by my side.

Whoever is stronger than these three persons

May approach my body and my life; yet

Whoso is not stronger than these three

Would much better let me be!