



Prayer for the Seven Gifts of the Holy Spirit

O [Lord Jesus](#) Christ, Who,
before ascending into heaven,
didst promise to send the [Holy Ghost](#)
to finish Thy work in the souls
of Thy [Apostles](#) and Disciples,
deign to grant the same [Holy Spirit](#) to me,
that He may perfect in my [soul](#)
the work of Thy [grace](#) and Thy love.

Grant me the [Spirit](#) of [Wisdom](#)
that I may despise the perishable things of this world
and aspire only after the things that are eternal,

the [Spirit](#) of Understanding to enlighten my [mind](#)
with the light of Thy divine truth,

the [Spirit](#) of Counsel
that I may ever choose the surest way
of pleasing [God](#) and gaining Heaven,

the [Spirit](#) of [Fortitude](#)
that I may bear my cross with Thee,
and that I may overcome with courage
all the obstacles that oppose my salvation,

the Spirit of Knowledge
that I may know God and know myself
and grow perfect in the science of the Saints,

the Spirit of Piety
that I may find the service of God sweet and amiable,

the Spirit of Fear
that I may be filled with a loving reverence towards God,
and may dread in any way to displease Him.
Mark me, dear Lord,
with the sign of Thy true disciples
and animate me in all things with Thy Spirit.

Amen.