Those who write and publish a text seek to communicate ideas, emotions, images, data, personal reflections, and other possible messages that want to go into communication with more or less defined readers. Some, perhaps, close: people who have the same ideas and tastes. Others, surprisingly, far away: readers that no one would have suspected.

Already in ancient times, the Greeks reflected on the mysterious condition of the book, which "escapes" the control of its author to reach hundreds, thousands of eyes and hearts beyond many forecasts.

The book, therefore, is like a kind of chair at the disposal, potentially, of thousands of listeners (better, readers).

It goes from hand to hand. From a friend who shares it, or a library that offers it, or an Internet site that preserves it digitized, some pages come to speak to people from different places and times.

One of the problems of this chair at home, affordable to almost all without any filter, is that it lacks the strength and tact of direct treatment.

Plato had underlined this "danger" of books: he cannot choose the right readers, nor can he answer the questions that arise in those who read particular writing.

Therefore, in a dialogue titled "Phaedrus", Plato compares the book as a painting, a picture, which remains mute, which cannot be explained, which only repeats over and over again what has been fixed with the help of the letters.

The book, today as it was thousands of years ago, is transmitted in uncontrolled ways and is influenced by millions of people.

From there arises the responsibility of who takes a pen, or a pen, or a keyboard, and begins to fix with dead letters some ideas that will fly far away.

Will they help others? Will they serve to improve ethical life? Will they promote

justice? Will they reflect that yearning for the truth and beauty that we have in our hearts? are questions that are worth putting before the eyes and the heart before translating in writing a new text that, pigeons God, we hope will be of help for all those who yearn to find writings that serve as help in the complex and exciting way of life.