We do it frequently: postpone. A letter to be deliver, an email to answer, a cleaning to start, a pending call ... The list of issues and actions that we postpone is more or less large. We assume there will be time later, and we prefer to do something else now. Sometimes, postponing is something not only necessary, but also essential. If I do not postpone that conversation with someone who talks non-stop, I will not have time to attend to a person who really needs it ... On other occasions, postponing can be an act of laziness: I prefer to continue with something easier or more pleasant instead of facing an issue that requires more attention and effort.

The problem is that so many issues are still there, and they will have to find time. Postponing them does not fix anything and, sometimes, wears out having to see them again two, three, even more times. Therefore, before postponing a possible action that appears before my eyes or that arises from the request of others, it is worth assessing briefly if I can undertake it now or if it is better to distance yourself a little or leave it for a better time. Because, it should be stressed, there are issues that deserve to be postponed and that we would face inappropriately if we let ourselves be dragged by haste or by an imprudent "I do it quickly to get rid of it." Postponing, like so many other human decisions, can be something good or something bad. The important thing is to know how to distinguish when it is correct to leave this answer for later, and when the time has come to sit at the keyboard and send a message to those who now wait for it urgently.