



Married love

Love and its practice are what make us deeply human and marriage is the exercise of that practice.

By: Sheila Morataya | Source: Catholic.net

What is the best advice they gave you before you got married? Did someone invite you not to marry? In my experience working with couples, I have observed the little or no awareness with which most couples get married. We must change this reality of couples.

But what does it mean to get married? What do you think or think about when you were a girlfriend and prepared your party? And if you were a boyfriend, how did you imagine what your life would be or will be like? The truth is that this is something that we fail not only Christians but for everyone: we go to marriage asleep. This experience of life goes beyond commitment, pre-marital classes, union through the sacrament, the party, the gifts, the setting of the house and the honeymoon.

The white dress, the flower arrangement of the church, the new and the borrowed, the suit of the groom, the Mercedes Benz in which the bride arrives or the procession through the town, all this is insignificant and even pure illusion when a Once past the exaltation of the moment, you start to walk deserted inside. And I say desert because if there is something that my eyes have seen and it has impacted me, it is the desert in Israel. This is marriage. From the city (representing the preparations, the illusion, the party, the honeymoon and the first month of coexistence) we reach the threshold of the desert and if you do not have total clarity about where you want to walk, the walkers die. The same happens, if fatigue sweeps and time runs, there is the danger of running out of water and food and also dying. The desert is impressive, overwhelming, wonderful and mysterious, all at the same time.

This is how I see marriage not only from my personal experience but also from the experience that I have given to advise all types of couples. Marriage is the call to the perfection of my being, the experience of the possibility of being that exists in

me, the proposal of God exclusive for humans: to be holy. And who is the saint? It is the one or the one who has lived or lives to a heroic degree the human virtues. He does not seek pleasure so that suffering will be present in his life and he is determined to manifest love with all its luminosity and strength. Love and its practice are what make us deeply human and marriage is the exercise of that practice.

The call to holiness is being strongly emphasized by our current Holy Father Francis, who has said that "we must bear in mind that holiness is not something that we provide ourselves, that we obtain with our qualities and our abilities," he said. - Holiness is a gift, it is the gift that the Lord Jesus gives us, when He takes us with Him, covers us with Him and makes us like Him ... Holiness is the most beautiful face of the Church: it is to discover oneself in communion with God, in the fullness of his life and his love ... it is not the prerogative of a few: holiness is a gift that is offered to all, without exception, that is why it is the distinctive character of every Christian ».

You and I are not angels, so we will be faced with all kinds of psychological proposals, clashes between personalities, tests of maturity and whims.