



Give yourself for life, does it take away your freedom?

One of the most beautiful signs of love is to give for the life

One of the most beautiful signs of love consists in giving oneself for a lifetime. Which, in a world like ours, seems difficult. Some even think that it is impossible or unnatural.

In reality, human fulfillment is achieved only in the full surrender of one's love. This is possible when you put aside your selfishness and put the other in the center, the other. Then the miracle of complete love arises.

These are ideas expressed by Pope Benedict XVI in a speech delivered in 2012. On the one hand, the Pope raised doubts and difficulties to a total love with these words:

"We have in the first place the question about the capacity of the man to commit himself, or of his lack of commitments. Can a man commit himself to life? Does this correspond to its nature? Does it not contrast with his freedom and the dimensions of his self-realization?" (Benedict XVI, 12-21-2012).

Immediately afterward the Pope asked other questions:

"Does man become independent and remain in contact with the other only through relationships that can interrupt at any time? A lifelong link conflicts with freedom? Does commitment also deserve to be suffered for him? "

Unfortunately, Benedict XVI observed, some reject commitment because freedom is poorly understood and because it seeks to avoid suffering. This "means that man remains locked in himself and, in the last analysis, keeps his own" I "for himself, does not truly surpass him".

Faced with this fear of surrender, it becomes necessary to discover the path of fullness: to love completely, to love with joy, to love with totality. This is what the Pope explained:

"But the man only manages to be himself in the surrender of himself, and only by opening himself to others, to others, to children, to the family; only allowing himself to be reflected in suffering, discover the breadth of being a human person."
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Living implies giving oneself, in every moment. The alternatives are few: or one lives with a continuous fear of the other as if I were taking away my freedom, with what ends up chained to his whims or his self-referential rationalisms; or one gives himself to the other with an authentic and total love, and discovers then how, by "renouncing" his freedom, he begins to be truly free ...