



There are only two ways of walking on this life: led by the Spirit of God or led by the self-indulgence. On his epistle to the Galatians (Chapter 5), the apostle Paul says that they are opposites, one against the other. The desires of the Spirit are in opposition to self-indulgence.

When we are led by the wishes of our self-indulgence, the results are usually poor and unsatisfactory. Our spirit gets weak and we start losing control in our force. When sin increases also the frustration increases, and this brings terrible consequences.

However, if we accept being led by the Spirit of God two things occur:

1. We fill of power, our spirit strengthens, our self-indulgence obeys, and we are victorious, satisfied, glad, in peace and achieving goals even higher.
2. The fruits of the Holy Spirit start in us (joy, love, peace, patience, goodness, faithfulness, self-control, faith, etc.)

So, now we have power in our life, because we have had the privilege of the spirit over the self-indulgence, in a consecrated life and renunciation of sin. On one hand, we can have the power of helping others, healing, teaching or preaching the Gospel, etc, but if there are not fruits of the Holy Spirit, maybe the things are being done by our own forces and over our own limitations.

On the other hand, we can have the fruits of the Holy Spirit, like joy and patience, but if we nor don't do acts neither don't have power for serving to others. However, all of us who are really guided by the Holy Spirit have both: power for having a victorious Christian life, full of good acts, and the fruits of temperance, love, faith and self-control, too.

Everything starts with the first decision: living for self-indulgence or for the Spirit, because both are in opposition each other and cannot be together.

"If you do live in that way, you are doomed to die; but if by the Spirit you put to death the habits originating in the body, you will have life. All who are guided by the Spirit of God are sons of God." Romans 8, 13- 14

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