



Holy Gospel of Jesus Christ according to Saint Luke 10: 38 -42.

Jesus entered a village where a woman whose name was Martha welcomed him. She had a sister named Mary who sat beside the Lord at his feet listening to him speak. Martha, burdened with much serving, came to him and said, "Lord, do you not care that my sister has left me by myself to do the serving? Tell her to help me." The Lord said to her in reply, "Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her."

Luke 10: 38-42.

Introductory Prayer:

Lord, I believe that you are my God and my all. You created me, and you made me to be happy with you. Lord, I hope in you, because I trust that you will not lead me astray. I love you, Lord, because you are the way, the truth, and the life. No one comes to the Father, except through you, Lord, and I love you for being the mediator before the Father.

Petition:

Lord, be the center, standard, and example of my life.

1. "You Are Anxious About Many Things"

It seems that things are moving faster all the time and that more and more things vie for my time. I serve as a chauffeur for the household, I spend a large part of my time accompanying the children for extracurricular activities, and people left and right want to talk to me. There is so much going on. Our culture almost demands that I do all these things. What is more, it seems at times like no one understands my dilemma. I am trying to do what is right, I am trying to be responsible, and it seems like no one else is. I identify myself with Martha, Lord, in a world which is so active and at times seems to fly by. Help me to make the right choices and to fulfill your will.

2. "There Is Need of Only One Thing"

Love Christ. Live for him. As life progresses and eternity draws near, only the love of

Christ remains. Everything else turns into smoke, mist, nothing. Christ's love is the treasure for which I should sell everything else, even egotism, pride and vanity. Lord, you are all I need. What else will matter when I finish my life? Who else can fill my soul with satisfaction and peace? Who else brings meaning to my life but you? Remind me of this, because many times it is so easy for me to lose my focus and direction in the world. It seems so easy for me to put other things first.

3. "Choose the Better Part"

Lord, your words to Martha strike a chord in my heart. I can let the noise and distractions around me nick at my heart and misdirect me, but all that will do is bring about more confusion and uneasiness. However, if I choose you, what great confidence it will bring me to know that you will not be taken from me. Everyone wants to be happy. Everyone wants to be fulfilled. Why should I fool myself looking for happiness in the things of this world when you supply it, Lord? Why should I settle for something less than the better part which you want to give me? Shouldn't I be excited to be able to sit at your feet and spend time with you when you want to teach me what it means to be the best I can be; to be holy?

Conversation with Christ:

Lord, give me the confidence of knowing that you are all I need. I do not want to distract myself with anything else. I want to sit at your feet. I want to listen to what you want to tell me. I want very much to learn from you.

Resolution:

After Mass I will make a visit to Christ in thanksgiving for having received him in the Eucharist, and I will take a moment to listen to what he has to tell me.