



This short film, “I Miss You,” produced by The Beyond Project gives words to the emotions that many feel after they’ve experienced a break-up of a meaningful relationship.

“I Miss You”

A Deeper Look

For those who have experienced a break-up similar to this, the video may bring about some of the same emotions that the narrator shared and bring to mind your own vivid memories of the love you once had. Psychologists refer to this as nostalgic reverie. Studies show that many of us tend to remember the positive elements about our past relationships and easily forget or lessen the trials, struggles, and reasons that caused our relationship to end.

Though it might be nice to revisit these memories from time to time, it’s important that we realize that the way in which we remember the relationship to be isn’t always accurate.

Take a minute to watch this short film again and think about these things:

How often does the narrator mention concrete qualities, virtues, and characteristics about his former love?

How often does the video show or speak of physical intimacy between the two?

How often does the video mention or show signs of sacrificial love?

Is This Real Love?

It seems that what the narrator is truly missing, and he even admits this, is not the person who he “loved”, but the way that person made him feel. He misses the companionship, intimacy, and security of a relationship much more than he misses her.

Difference Between Love and Infatuation

“Love is patient, love is kind. It is not jealous, is not pompous, it is not inflated, it is not rude, it does not seek its own interests, it is not quick-tempered, it does not brood over injury, it does not rejoice over wrongdoing but rejoices with the truth. It bears all things, believes all things, hopes all things, endures all things. Love never fails.” – 1 Corinthians 13:4-7