



### **Holy Gospel of Jesus Christ according to Saint Matthew 19:13-15.**

*Children were brought to Jesus that he might lay his hands on them and pray. The disciples rebuked them, but Jesus said, "Let the children come to me, and do not prevent them; for the Kingdom of heaven belongs to such as these." After he placed his hands on them, he went away.*

#### **Introductory Prayer:**

Lord God, I believe in your presence here with me as I begin this moment of prayer. I hope in you. I know that you will always take care of me. I want this time with you to be a sign of my love for you. I seek only to please you, without desiring any spiritual consolation for myself.

#### **Petition:**

Lord, help me to be faithful in carrying out the commitments of my state of life.

#### **1. Bringing the Children to Jesus:**

Being a parent is a lofty vocation. To be entrusted with the integral formation and eternal salvation of another human being is a task that is enough to make one dissolve into fear and trembling. Above all, parents have to show the good spiritual instincts of the people in today's Gospel: They have to bring their children to Jesus. They need to teach them to pray, to go to Mass and above all, to learn that Jesus truly is their best friend with whom they can share everything. What a gift to give to children!

#### **2. "Do Not Prevent Them":**

There are many ways to hinder a child's path to Christ. Our bad example is one of the main ones. Children pick up on the incoherence between our admonitions and our actual behavior. It's particularly unnerving when a parent begins to see his own defects mirrored in his children. That can serve as a warning call that we need to be living the Christian life with more authenticity. Our example needs to be a catalyst towards the good.

#### **3. The Kingdom of Heaven Belongs to Such as These:**

A good Catholic parent has only one true bottom-line aspiration for his kids: that they get to heaven! This is worth all the prayers, sacrifices and late nights. Precisely because the Kingdom is where they belong, parents should have immense confidence that the Lord will send them the graces they need to persevere and carry out their mission effectively.

Christ is the parent's biggest cheerleader! He wants nothing more than that happy reunion in heaven, where the parent will hear those wonderful words from his child, "Thanks for helping me to get here."

**Conversation with Christ:**

Lord Jesus, thank you for my parents, and all they did to help me grow in the faith. I am sorry for the times I judged them harshly. Grant them your abundant blessing.

**Resolution:**

I will say a special prayer for my parents (especially if deceased) and give them a call to thank them.