



Buenos Aires

In his weekly television reflection on "Keys to a Better World" on Saturday, the archbishop of La Plata, Monsignor Hector Aguer said about some studies in American universities about casual sex, and the consequences of that. They follow behavior for young people, and especially for young women.

But before entering the subject of the question, the prelate explained a prologue conceived in these terms: "Probably you have heard criticism of the Church as that long she would have been obsessed with the sins against the sixth and the ninth commandment and I would have put in his transmission of Christian morality a dark stain on marital or sexual problems on the emotional life, etc. Well that criticism is absolutely unfounded. Actually, I think we want to instill a kind of guilt complex about this field. And it is a guilt complex that has paid off, because they often do not speak, even in preaching or catechesis, that area of moral life. It's not the most important, and is not the only course, but has shifted the focus to other moral areas such as the relations of justice. Justice is clearly a fundamental virtue, but there are other virtues that make the constellation of Christian moral; all also they are based on a conception of the human person."

After this Archbishop Aguer was introduced squarely in the commentary of the above studies of American universities.

He said that "one study reports that four thousand university students have been investigated for Ten American Universities about the consequences of casual, unexpected, unplanned sex without emotional commitment or future expectations. The findings try to link such relationships with mental health problems with serious emotional consequences especially in young women. The study that causes stress, guilt, regret and displeasure in young after a sexual encounter with a stranger", he says.

He said that these studies show "that sexual contact with strangers is more common in those with low self-esteem, and that" college students who had participated in casual sexual encounters had lower levels of self-esteem,

satisfaction and happiness that students who had not had casual relationships. Casual sex was also associated with distress, anxiety and depression".

In this regard he reflected that the data "relate to irresponsible sexual relationship without stable bonding without a future perspective, which for us Christians, it's obviously marriage and founding a family."

"They say that about all that happens in young people associated with social drinking and drugs that combine especially in the "previous", in which young people consume in excess, and in that state is expected to be out of hand. The next day they remember what happened, they learn from the account of others and feel bad".

He stressed that "psychologists involved in these studies and findings provide some tips that have a good share of reasonableness, but they are also very imperfect and, from the point of view of a complete and integral anthropology, are deficient. They are proposing that the road to sexual maturity involves strengthening self-esteem, self-care with impulse control, dialogue between parents and children, dialogue with the couple and adequate protection".

Archbishop Aguer explained that "call appropriate to try to avoid unwanted pregnancy and the transmission of a disease that spread via sexual intercourse protection, but say nothing of the true care also has to do with self-esteem and with the full maturity of the personality: it's the virtue of chastity, one of the virtues of the scope of temperance. It implies that man is a rational being, and therefore must guide and guide from within, to order a chord with their nature and their personhood, fundamental basic impulses".

"As I said when he stated principle, have changed us that we are always talking about chastity and it may be that there has been in the past some strong inks and excesses in this area, but now there is talk of chastity, as if he had disappeared from the constellation of human and Christian virtues. But that's just it: how it comes to personal maturity without self-control, without personal discipline, without seeking an order without reason, in any case, orient the most basic impulses and make them serve full realization of man?"

We know, moreover, by Christian preaching, by the commandments of God's law, that sexual intercourse has its full meaning and moral justification in marriage. Here we are talking about the opposite end precisely what they call casual sex, which should be appropriately called "promiscuity".

Towards the end of his reflection, Archbishop Aguer said that "unfortunately, it appears that this behavior is common among young people around the world, but these studies linking this sexual recklessness with very specific psychological

problems and alteration and depth of the process maturation of a personality, is very significant from the point of view of education".

"So, here, the conclusion is that we must reconsider the human and Christian virtues, and among them, in the proper place, also the virtue of chastity which makes the forces that God has placed in man and in women are oriented to that for which the Creator thought: a stable partner, consecrated in marriage, which is a social good and proper scope for communication of human life", concluded the archbishop of la Plata