

**Also known as**

- Vincentius

Memorial

- 24 May

Profile

May have been born to the Gallic nobility. Career soldier. Retired to become a monk at Lerins, France. Wrote the Commonitory, a great defense of the faith.

Born

- Toulouse, France

Died

- c.445 in Lerins, France of natural causes

Canonized

- Pre-Congregation