



Prayer for Peaceful Rest

Dear Lord Jesus, as I rest in the comfort of your love, I ask to experience your gentle embrace as you tenderly wrap your loving arms around me. I trust your compassionate care will bring peace to my mind, serenity to my heart and renewal to my spirit.

In your loving embrace, I ask that you grant me a peaceful night's rest. Please purify my dreams, cleanse my subconscious and wash my thoughts with the purity of your infinite love. Please minister to my heart, mind, body, soul and spirit as I rest in your compassionate care tonight.

Please send forth your protective angels to stand guard over me as I sleep. May your angelic army destroy all curses, hindrances and demonic influences that have been sent against my ability to experience a peaceful night's rest. I ask that your heavenly host protect me as I stay awake and watch over me as I sleep, that awake I may keep watch with Christ, and asleep, rest in his peace. Amen.