



### **Prayer Before a Crucifix**

Behold, Oh kind and most sweet Jesus, I cast myself upon my knees in Your sight, and with the most fervent desire of my soul I pray and beseech You that You would impress upon my heart lively sentiments of Faith, Hope and Charity, true repentance for my sins and a firm purpose of amendment, while with deep affection and grief of soul I ponder within myself and mentally contemplate Your five most precious wounds, having before my eyes that which David spoke in prophecy of You, Oh good Jesus: they have pierced my hands and feet, they have numbered all my bones.