



A Devotion in Honour of the Seven Sorrows and Joys of Saint Joseph

First Sorrow and Joy

O most pure Spouse of Mary,

glorious St. Joseph,

as the affliction and anguish of thy heart

was exceedingly great in thy perplexity,

whether thou shouldst abandon thy most unspotted Spouse,

so was the joy unspeakable when,

by an Angel,

the sublime Mystery of the Incarnation was revealed to

thee.

By this sorrow and joy,

we beseech thee that now,

and in our last agony,

thou mayest comfort our souls by the joy of a good life

and a holy death,

like thine in the society of Jesus and Mary.

Our Father...

Hail Mary...

Glory Be...

Second Sorrow and Joy

O most happy Patriarch,
glorious saint Joseph,
who wast to fulfill the duty
of foster father to the Incarnate Word,
thy sorrow in beholding the poverty
of the Child Jesus in His birth,
was changed immediately into heavenly delight,
by hearing the angelic harmony,
and by beholding the glory of that most resplendent night.
By this thy sorrow and joy,
we beseech Thee,
that, after the passage of this life,
we may in the next hear the angelic praises
and enjoy the brightness of eternal glory.

Our Father...

Hail Mary...

Glory Be...

Third Sorrow and Joy

O most excellent observer of the divine law,

glorious St. Joseph,

the most precious Blood which the Divine Infant,

our Redeemer, shed in His circumcision,

afflicted thy heart:

but the Sacred Name of Jesus revived it

and replenished it with gladness.

By this thy sorrow and joy,

obtain for us,

that during our life we may be free from every vice,

and may in death joyfully breathe forth our soul

with the Most Holy Name of Jesus in our hearts and on our

lips.

Our Father...

Hail Mary...

Glory Be...

Fourth Sorrow and Joy

O most faithful Saint,
who wast admitted to a participation
in the Mystery of our Redemption,
glorious St. Joseph,
if the prophecy of Simeon,
concerning what Jesus and Mary were to suffer,
gave thee mortal affliction,
thou wast likewise filled with holy joy for the salvation
and glorious resurrection of innumerable souls,
which he likewise foretold.

By this thy sorrow and joy, obtain for us,
that we may be among the number of those who,
through the merits of Jesus
and the intercession of His Virgin Mother,
will arise to everlasting glory.

Our Father...

Hail Mary...

Glory Be...

Fifth Sorrow and Joy

O Most vigilant guardian and intimate friend

of the Incarnate Son of God,
glorious St. Joseph,
how much didst thou suffer in providing for
and serving the Son of the Most High,
particular in the flight thou wast obliged to make into
Egypt!
But how much also didst thou rejoice
in having always with thee the same God,
and seeing the Egyptian idols fall prostrate on the ground!
By this thy sorrow and joy,
obtain for us,
that we may keep at a distance from the infernal tyrant,
especially by flying from dangerous occasions,
so that the idols of earthly affections may fall from our
hearts,
and that, being entirely devoted
to the service of Jesus and Mary,
we may live for them alone,
and with them calmly die.

Our Father...

Hail Mary...

Glory Be...

Sixth Sorrow and Joy

O angel on earth,
glorious St. Joseph,
who didst behold,
subject to thine orders the King of heaven:
although thy joy in conducting Him back
was disturbed by the fear of Archilaus,
thou wast, nevertheless,
comforted by an Angel,
and didst dwell in safety with Jesus and Mary at Nazareth.
By this thy sorrow and joy,
obtain for us,
that our hearts being released from hurtful fears,
we may enjoy peace of conscience,
and live in security with Jesus and Mary,
and die in their embraces.

Our Father...

Hail Mary...

Glory Be...

Seventh Sorrow and Joy

O model of all sanctity,
glorious saint Joseph,
having lost the Divine Child without any fault of thine,
thou didst seek Him in great sorrow for three days,
until at length thou was filled with exceeding gladness
on finding Him in the temple amidst the doctors.
By this thy sorrow and joy, we beseech Thee,
to intercede for us,
that we may never lose Jesus by grievous sin, but that,
should we have the misfortune to lose Him,
we may seek for Him with unwearied sorrow until we have
happily found Him:
and particularly that we may find Him at the hour of our
death,
in order to enjoy Him in heaven,
and there with thee to sing eternally His divine mercies.

Our Father...

Hail Mary...

Glory Be...

Anthem. - Jesus Himself was beginning His public life
about the age of thirty years,
being, as it was supposed,
the Son of Joseph.

V. Pray for us, O saint Joseph.

R. That we may be made worthy of the promises of Christ.

Let us Pray. - O God, Who,
by Thy wonderful Providence didst vouchsafe to choose St.
Joseph
to be the spouse of Thy Most Holy Mother;
grant, we beseech Thee,
that he whom we generate as our protector on earth,
may be our intercessor in heaven:
Who livest and reignest,
world without end.

Amen.

(Special favours have been obtained by the recitation of the following prayers in
honour of St. Joseph: -)

O glorious St. Joseph,
faithful follower of Jesus Christ,

to you do we raise our hearts and hands
to implore your powerful intercession
in obtaining from the benign Heart of Jesus
all the helps and graces necessary
for our spiritual and temporal welfare;
particularly the grace of a happy death,
and the special favour we now implore.

(Here mention or reflect upon your lawful requests)

O Guardian of the Word Incarnate,
we feel animated with confidence
that your prayers in our behalf
will be graciously heard before the throne of God.

(Say the following versicle seven times, in honour of the seven joys and sorrows of
saint Joseph)

V. O glorious St. Joseph,
through the love you bear to Jesus Christ,
and for the glory of His name.

R. Hear our prayers,
and obtain our petitions.